



Many countries across the world have been asked or have chosen to remain at home during the COVID-19 outbreak. Thousands of Italians, in several cities, clapped from their windows and balconies as healthcare workers went to work, raising spirits. Families and neighbours also sang and crashed pots cities across the country.

Many people across Britain have joined in, clapping for our NHS and other key workers on Thursday evening.

Did you join in? Did you hear it? How did it make you feel?

*Things to talk about at home...*

- Think about the things that make you happy. Can you make a list?
- Can you think of a time you've cheered someone else up, or a time someone cheered you up when you needed it, how did they do it?
- Why do you think people chose to take part in the celebration from their homes? How do you think it made the healthcare workers on their way to work feel?