













PSHE




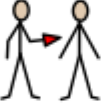


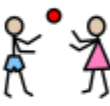
My day




 When do you make your own choices?

 When does an adult make choices for you?






 e.g.
 


 What choices might you make? For example: healthy food, playing

 outside and drinking water.

















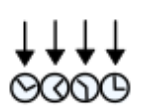


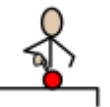





 e.g.
 







 What choices might an adult make for you? For example: work,




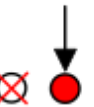





 what you eat for lunch and what time you go to bed.



 Do we always get to choose what we do?






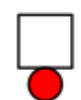




 Who might make choices for us?



 What choices might other people make for us?

 Why is this?

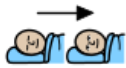











 Can you draw and label below what you would choose

 throughout the day?

When I get up



For breakfast



In learning time



For lunch



In the afternoon



At bedtime