# Leaflets Information

# What features could I include in my own information leaflet?

- Page title
- Headings and sub-headings
- Paragraphs with a main introductory paragraph
- Diagrams, pictures or photographs with captions
- Bullet points
- Text boxes

You won't need to include a contents page or index because a leaflet isn't a big as a book.



# <u>Title</u>

Tells the reader what the text is all about.

# Sub-headings

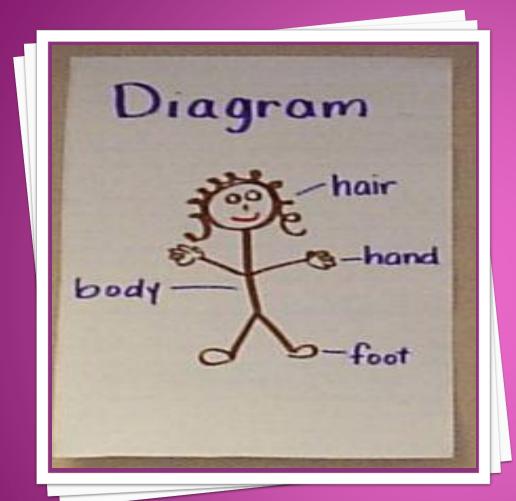
Sub-headings create even smaller sections of text with their own headings.





# <u>OPENING</u> <u>STATEMENT</u>

The opening statement, or introductory paragraph, contains the most important information of the text.



A diagram to show parts of the body

# Diagram

A diagram is a labelled picture that shows the reader something important that was mentioned in the text. It may have a title and normally has a caption to state what the image shows. You may also see photographs used in this way.



### Text boxes

A text box highlights a section of information within a box.

# **Bullet Points**

 Some of the text may be written using bullet points rather than full sentences. Text in paragraphs text in paragraphs text in paragraphs.

Text in paragraphs text in paragraphs. Text in paragraphs. Text in paragraphs. Text in paragraphs.

Text in paragraphs text in paragraphs. Text in paragraphs. Text in paragraphs text in paragraphs. Text in paragraphs. Text in paragraphs. Text in paragraphs.



ichtet (als im 4. Buch verzeichnet) ward im d yes nit als einem Abt / sonder als einem Bisc emassen. Notpert aber war kein Bischoff sond n Abt vir Monch welcher zum erste mal wide lerst in seinem alter krieg gefürt vmb zentlich f der selbigen zent solchen krieg in die hend geb Rumolden von Eostank in massen widersekt istanden nit hab mögen hingelegt werden bis erbung deß Lands zuletst verzehrt haben. So tten nit so vil Leiit als vnsere Landsfürsterich Heading
Sub heading

TITLE

Picture caption

Introductory paragraph

Other text

### The National Child Measurement Programme

### Measuring height and weight in schools

Every year, throughout England, more than a million children in Recopion and Year 6 has the historia and weight measured in part of the Resional Child Measurement Mogaremen (MCMP). If you child it in Recopsion or Near 6, you should creame a letter with more information about the programme in your child's wheat.

Trained staff and researce year child's height and verigine in their defilier, at shock. They will take can to enter the staff of the research that the reasourements are done considerly and in private, and your child's results will not be shared with issultures or other children. Such child does not have to participate, but we urge you to encourage your child's to also part.

### child takes part?

Amout one in three children in linguism is consequipt or close to he gad it. With to many hidren being semangriff, an exerciseful child may rus look of liferent from their likent. Therefore, we have for all to raise when a child is overweight and are becoming accurationed to header children as the norm. That is why an objective remeasurement of how a child is growing they are objective remeasurement of how a child is growing.

build a rational and local picture on how drilliden as growing. The more children that take part, the clean that picture will be. The information collected is used holo plain and cowede bother holith and levure servifor the children in your area.

Will I find out my child's resu and what will the result tell I Haw you get your child's root will depend on by programme is not in your away Most aroot will us measurement, in other arms, parents can ask for their child's result. The letter telling you about the programme in your child's school will advice you of this. The result will tell you your child's height and weight when they were measured and whother this majors they

The letter will also include details for getting further advice and support to help your family lead a healthy lifestyle.

### searts from all the schools of your acts will be gathered opether and hidd securely by your local gable, health seen. Some of the information will be sent to the Health end Social Care Information Centre (HSCIC). The HSCIC others and holds health data on behalf of the MHS and social care. This information is used to produce reports.

### Why is a healthy weight

Think to be a healthy weight if we carry on is we are, any dilution may grow to with dangerous amounts of in their bodies, putting them as a greater risk of seekinging cancer, type 2 diabetes and heart disease later Me.

overweight, the results can help parents make decide about their child's lifestyle and make smole changes if necessary.

To help your child achieve and maintain a healthy weight, excourage the value? Family to make printing healthly and being active. Children who see their printing, grandparents and carers following a healthy and active lifetible tred to join in and learn by exemple. These habits becomes a narred part of everylap life first the 1990 of the printing of printing printin

For more information on helping your family lead a healthy life, please turn over...



