

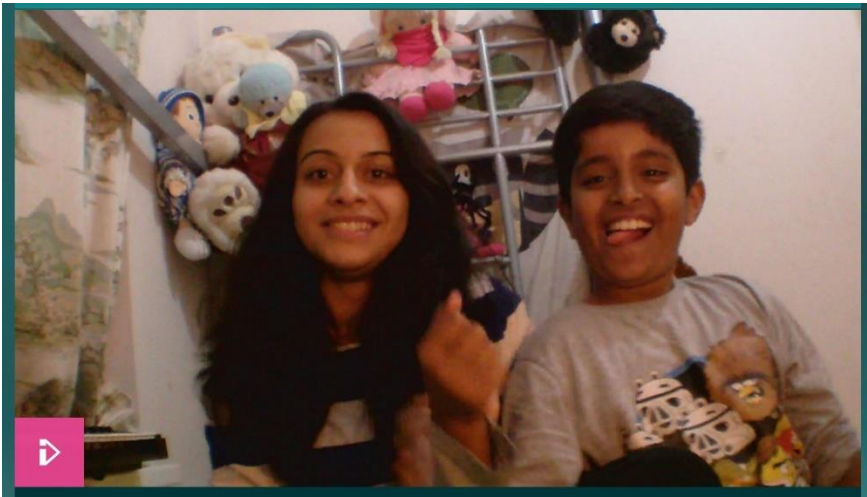
Wednesday 10th June- Religious Education

Hinduism is over 4,000 years old, making it one of the world's oldest religions. It is made up of a variety of different religious beliefs and practices. It originated near the Indus River in India. The name 'Hindu' comes from the word Indus.

What do Hindus believe?

- Central to Hinduism is the belief in a supreme God Brahman. Brahman is present everywhere and there is a part of Brahman in everyone.
- Brahman takes many forms. Especially three forms called the Trimurti.
- Brahma is the creator of the world and all creatures. He is usually shown with four heads.
- Vishnu is the preserver of the world. His role is to return to the earth in troubled times and restore the balance of good and evil. He has blue skin and four arms.
- Shiva is the destroyer of the universe. Shiva destroys the universe in order to re-create it. Shiva has blue skin, a third eye and carries a trident.
- Hindus believe that life is a cycle of birth, death, and rebirth. They also believe that the next life depends on how the previous life was lived.

<https://www.bbc.co.uk/programmes/p02n5xj7>



This video is all about 2 Hindu children, it talks about the things that are most important to them and things that they really like, the things that make them who they are.

For example Simran like photography and music, she is a Hindu and is a vegetarian.

Your task is to think about the things that make you, you.

What is important to you?

Do you follow a religion?

What do you enjoy doing?

Complete the jigsaw pieces with pictures/ writing to show the things that you enjoy and are important to you.

