









Steps to Success

Lockdown										
Date										
Subject/s	PSHE									
Learning Objective 	To understand the dangers of dares									
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Success Criteria 	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">I can define what is meant by a dare</td> <td style="width: 25%;"></td> <td style="width: 25%;"></td> </tr> <tr> <td>I can explain why someone might give a dare</td> <td></td> <td></td> </tr> <tr> <td>I can suggest ways of standing up to someone who gives a dare</td> <td></td> <td></td> </tr> </table>	I can define what is meant by a dare			I can explain why someone might give a dare			I can suggest ways of standing up to someone who gives a dare		
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Support	Independent Adult Support () Group Work									
Taught by TS										
Key vocabulary for the lesson: dare risk benefit consequence peer pressure										

1. What is a dare? Who might dare a person to do something? Why do people give dares?

Read 'Ella's Diary' Part 1 to the class and, afterwards, discuss the following questions:

1. What should Ella do?
2. What could be the risks if she does go through with the dare?
3. Are there any risks if she doesn't go through with the dare?
4. Are there any benefits for Ella if she does accept Kira's dare?
5. Does she have to do the dare?

Read 'Ella's Diary' Part 2 to the class and, afterwards, discuss the following questions:

1. How did Ella feel when she was doing the dare?
2. How does it feel when we do something risky?
3. Should Ella have agreed to the dare?
4. Was there a point or critical moment when she could (or should) have stopped or changed her mind?

Read 'Ella's Diary' Part 3 to the class and, afterwards, discuss the following questions:

1. Was Ella totally responsible for what happened?
2. Should Kira share some of the responsibility?

Rewind the story

1. Was there a point where Ella could have done something differently? When Kira dared her, what could Ella have done differently? How could she have resisted the pressure to do what Kira said?

Rewrite the diary entry

Rewrite Ella's diary entry for Tuesday – from the critical moment of her making the decision of whether to accept Kira's dare or not. Describe, in your entry, how Ella could resist the pressure that Kira puts on her. Describe what happens as a result and to conclude the story by re-writing Wednesday's entry, too. Remember to write these pieces in the 1st person, as if you are Ella writing the diary.



Story sheet

Ella's diary dilemma



Ella's Diary (Part 1) – Monday

Had a good laugh today, mucking about with Kira and Sadia at break time. Kira's sooo funny! She'll do anything for a giggle! While we were waiting to go into Mrs. Johnson's class for maths, Ryan was showing all his mates his tablet that he'd brought in from home. You're not allowed to bring in anything like that, but Ryan and Kira were taking stupid selfies and stuff like that. It was really funny!

At lunchtime, Kira was talking about it and said we should 'borrow' Ryan's tablet to take some more silly pictures. So, she's dared me to sneak back into class tomorrow break time and take it out of his drawer. It doesn't sound like a great idea to me and I said I'd think about it. I'm hoping that Kira will have forgotten all about it by tomorrow.

Ella's Diary (Part 2) – Tuesday

Kira hadn't forgotten all about the dare – it was the first thing she asked me in the morning. She said I had to do it today, at break time. So, without really thinking, I said OK. At break time, I told the teacher on duty that I needed the toilet. But, instead, I sneaked back into our classroom – in our school, that's totally out of bounds!

At first, it felt really exciting – like I was on a secret spy mission or something – but then, when I was rummaging around in Ryan's drawer, it felt more real and not right and I started to get really scared. I grabbed the tablet and started to run out of the classroom. But then, the door opened and guess who walked in? Mrs. Johnson!

Ella's Diary (Part 3) – Wednesday

Today was definitely *not* the best day of my life! Last night, Mrs. Johnson phoned my Mum and Dad and told them what had happened. They had to go into school to see her today. Well, to cut a long story short – I got into massive trouble. When Mrs. Johnson asked me why I had taken Ryan's tablet, I didn't tell her anything about Kira's dare. I feel sooo upset and embarrassed! Why did I do it? I've been put on report at school *and* I've been grounded at home – for three weeks!

I wish I could go back to Monday and start the week all over again!