



# PSHE and Citizenship

Health and Wellbeing | Safety First

# Risks, Hazards and Danger



# Aim

- I can identify a risky situation and act responsibly.

# Success Criteria

- I can understand that in life we need to take some risks but that other risks are dangerous.
- I can understand the terms 'risk', 'hazard' and 'danger'.
- I can explain how to get help in a risky or dangerous situation.



# The Big Questions



What risks, hazards and dangers do we face in everyday life?

What can we do if we think we're in a risky situation?

Share your thoughts with a partner.



# Reconnecting

# Taking Risks



All of us take risks sometimes. In fact, we have to take risks to take on new challenges and try new things. Sometimes it's great to take a risk and step outside of our comfort zone – it's one way we learn.

Many risks are not considered in any way dangerous.

We might put our hand up in class to answer a question and the risk we take is getting the answer wrong.

We might not want to get the answer wrong and might worry about what others will think of us but we certainly won't be in any danger by having a go.



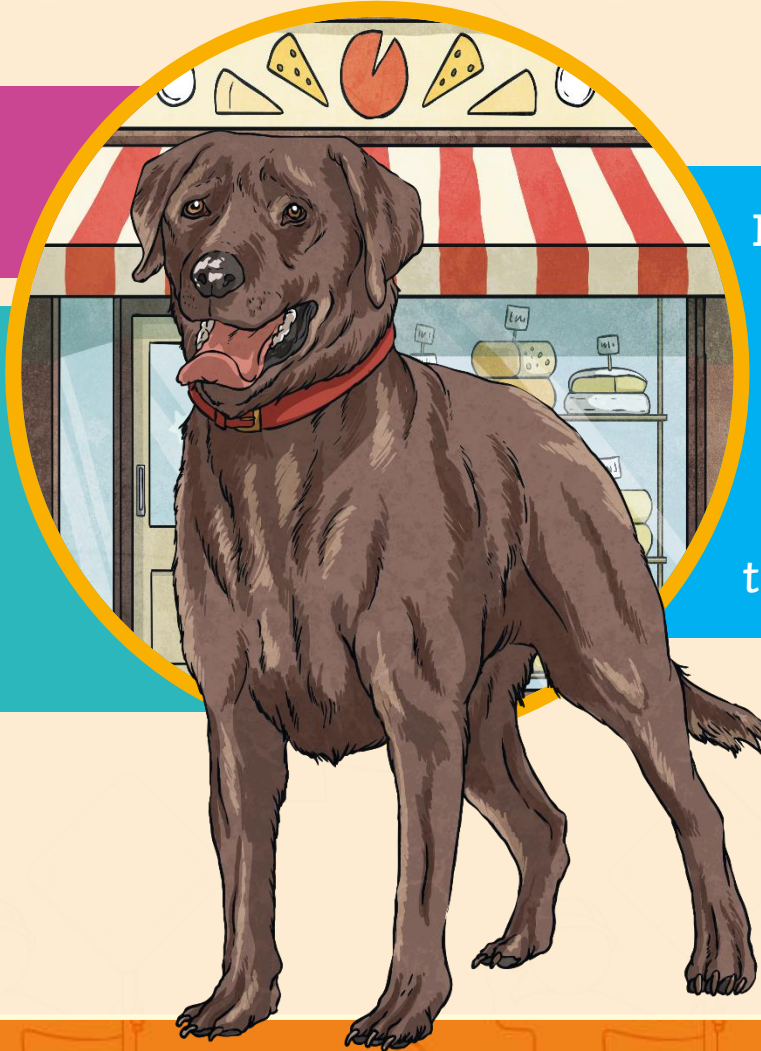


# Taking Risks



Other types of risks can lead to danger.

We cannot be sure there is any danger. The dog might be very friendly but there is a risk that we could get hurt.



If we see a dog tied up outside a shop and we decide to go and stroke it, we are aware that there is a risk that the dog will bite us.

# Taking Risks



Think about a risk that you have taken in the past.

Would anyone like to share their example of a time when they took a risk? Remember to explain what the outcome was.

Did the risk have a negative outcome? Maybe you got hurt or injured someone else, or maybe something got broken or lost.



Did the risk have a positive outcome? Maybe you got braver at doing something or learnt something new.



# Exploring

# Risks, Hazards and Danger



What do we mean when we use the words risk, hazard and danger?

**Risk:** a situation involving exposure to danger.



**Hazard:** a potential source of danger.

**Danger:** the possibility of suffering harm or injury.



# Risks, Hazards and Danger



When we are faced with a new situation that makes us feel uncomfortable, we need to assess it.

We need to ask ourselves:

What are the risks involved?

What might the outcome be?

Am I, or is anyone else, in danger?





# Risks, Hazards and Danger



In your groups, look at the pictures and describe how the item or situation might be something risky or dangerous.

Use the words to describe the pictures. How were the pictures dangerous? Share your thoughts with your group.

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risk hazard danger threat harmful unsafe

safe accident dangerous

injury risky ill hurt careful help

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# Get Help



If this happens, it is important to know where to get help and who to ask for help.



Who can help when there is a hazard, a danger or an emergency?



# Get Help



Sometimes, you might have to ask for help from an adult in a position of trust. For example, a shop worker or a security guard.





# Get Help



In an emergency, you would need to get specialist help. For example, from a paramedic, a police officer or a firefighter.

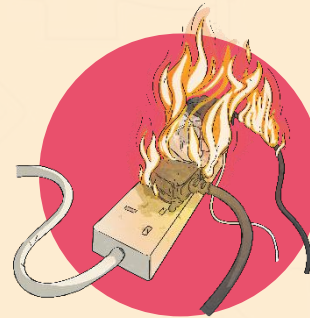


# Get Help



When someone is harmed or injured in a serious way, or there is an immediate danger like a fire, it is time to call the emergency services.

Usually, a responsible adult will do this, but there might be a time when a child has to make the call.



Would you know what to do?

# Get Help



**Step 1:** Stay calm and find a phone.  
This could be a landline or a mobile phone.



**Step 2:** Call 999, then wait for an operator to answer. You don't have to unlock a mobile phone before calling 999, just press on the word 'emergency'.

# 999

**Step 3:** Listen to the operator's questions and answer them as best you can. The first question will be, 'Which service do you require? Fire and rescue, ambulance, police or coastguard.'





# Get Help



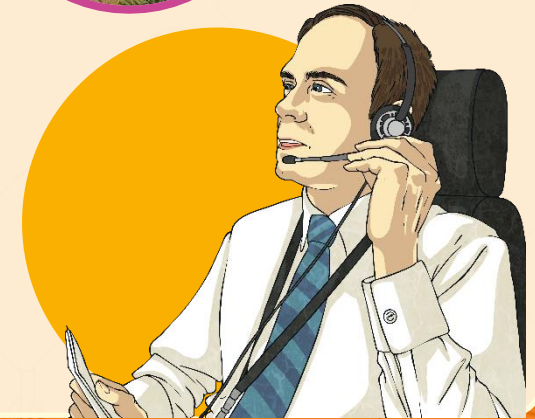
**Step 4:** Try to calmly and clearly explain what has happened.



**Step 5:** Try to give the address of where you are or a description of where you think you are.



**Step 6:** Follow any advice the operator gives you, such as leaving the house if there is a danger or checking the injured person for bleeding.



When a child calls 999, the operator will stay on the phone, if they can, until the emergency services arrive.

An illustration of a young Black man with short dark hair, wearing a light blue jacket and red pants, sitting in a wheelchair. He has his hands clasped in his lap and is looking towards the right.

Consolidating

An illustration of a young woman wearing a pink and white patterned hijab and a grey long-sleeved top. She has her arms crossed and is looking towards the left.

Reflecting

# Consolidating



# Play It Safe



There are lots of situations in our everyday lives that can be risky and even lead to danger.

It helps to be aware of these situations so we can deal with them and others safe.



You play a game called 'Play It Safe'.

## Play It Safe Game

<p><b>Start</b> Safety get back to your beach towel.</p>	<p>Pick up a Safe Card. </p>	<p>You forget to put your sun cream on - move back one space. </p>	<p>Pick up a Risk Card. </p>	<p>You trip over the skateboard you left out - move back one space. </p>	<p>Pick up a Safe Card. Danger Card! </p>
<p>You ask your parents if you can go on a website - move forward one space. </p>					
<p>Your parent or carer hasn't collected you from school and you go back in to the office - move forward one space. </p>	<p>Pick up a Risk Card. </p>	<p>You try making a hot chocolate with boiling water on your own - move back one space. </p>	<p>Pick up a Risk Card. </p>	<p>You stroke a dog you don't know - move back one space. </p>	<p>Pick up a Safe Card. </p>
<p>Pick up a Safe Card. </p>					<p>Pick up a Safe Card. </p>
<p>You take your seat belt off in the car to get comfortable - move back one space. </p>	<p>Pick up a Safe Card. Danger Card! </p>	<p>You don't bother wearing your cycling helmet when you go for a bike ride - move back one space. </p>	<p><b>Safe and sound</b> You win! </p>		



# Play It Safe



In the game, you will come across lots of risky situations, some dangerous situations and some examples of people making choices that keep themselves and others safe.

Follow the instructions to play the game in your groups.

<p><b>Risk Card</b></p> <p>You wander off at the shopping centre and can't find your family.</p> <p>Move back one space.</p>	<p><b>Risk Card</b></p> <p>You get a new computer game which you can play online with strangers.</p> <p>Move back one space.</p>	<p><b>Danger Card</b></p> <p>You open the dishwasher before it is ready and it is filled with incredibly hot steam.</p> <p>Move back three spaces.</p>	<p><b>Danger Card</b></p> <p>While sitting around the campfire with some friends, someone suggests jumping over the fire.</p> <p>Move back three spaces.</p>	<p><b>Safe Card</b></p> <p>You ask your parents or carers to check the batteries in the smoke alarm are working.</p> <p>Move forward three spaces.</p>	<p><b>Safe Card</b></p> <p>A stranger asks you your name in the park.</p> <p>You run away and tell a trusted adult.</p> <p>Move forward three spaces.</p>
<p><b>Risk Card</b></p> <p>Your trampoline's safety net has broken but you just can't resist bouncing.</p> <p>Move back one space.</p>	<p><b>Risk Card</b></p> <p>You are playing with a friend and they suggest you cycle to the shops without telling anyone.</p> <p>Move back one space.</p>	<p><b>Danger Card</b></p> <p>Your football has rolled out on to a busy road and you run after it.</p> <p>Move back three spaces.</p>	<p><b>Danger Card</b></p> <p>You can't swim but your friends are all in the deep end of the pool, so you go too.</p> <p>Move back three spaces.</p>	<p><b>Safe Card</b></p> <p>Your friend is being bullied online so you tell a trusted adult.</p> <p>Move forward three spaces.</p>	<p><b>Safe Card</b></p> <p>You ask an adult to help you use very sharp scissors to cut some fabric.</p> <p>Move forward three spaces.</p>
<p><b>Risk Card</b></p> <p>While at the park, some friends suggest you all climb a very tall tree.</p> <p>Move back one space.</p>	<p><b>Risk Card</b></p> <p>Your ball has gone in next door's garden, so you decide to climb over the fence to get it back.</p> <p>Move back one space.</p>	<p><b>Danger Card</b></p> <p>A lake nearby has frozen and some friends dare you to walk across it.</p> <p>Move back three spaces.</p>	<p><b>Danger Card</b></p> <p>Your auntie has left her electric saw out and you want to try it out.</p> <p>Move back three spaces.</p>	<p><b>Safe Card</b></p> <p>You and your older brother are walking to a friend's house. You cross the road at the pedestrian crossing.</p> <p>Move forward three spaces.</p>	
<p><b>Risk Card</b></p> <p>You are having a sleepover at a friend's and they suggest you watch one of their older sister's horror films.</p> <p>Move back one space.</p>	<p><b>Risk Card</b></p> <p>While walking the dog with your gran, you see a sharp out. There are a lot of stringing nettles that way though.</p> <p>Move back one space.</p>	<p><b>Danger Card</b></p> <p>You have had toothache. Your dad is busy, so you decide to take some pills from the medicine cabinet.</p> <p>Move back three spaces.</p>	<p><b>Danger Card</b></p> <p>Your piece of bread has got stuck in the toaster, so you get a fork and think you'll try poking it out.</p> <p>Move back three spaces.</p>	<p><b>Safe Card</b></p> <p>At the beach, your mum tells you the tide is going out. You do swim as you know it is not safe.</p> <p>Move forward three spaces.</p>	

Have fun and stay safe!

# Reflecting



# Live and Learn



As we grow up and experience the world around us, we learn about dangers and how to keep ourselves and others safe.



Even experiences that put us in danger or situations where we were harmed teach us something about how to stay safe in the future.

With your partner, look at the following examples and discuss what you think the child will have learnt from their experience.

# Live and Learn



Karly loves gymnastics. When she was younger, she tried doing a cartwheel along the top of the wall outside her house.



She fell, split her lip and chipped her tooth.

What do you think she learnt from this experience?



# Live and Learn



Adnan went on a school trip to a museum with his class but he didn't stay with his group.

He wandered into an exhibition that looked interesting and later realised that he wasn't with anyone he knew. This made him anxious and frightened until someone who worked at the museum spotted him and helped him find his classmates and teacher.

What do you think Adnan learnt from this experience?





# Live and Learn

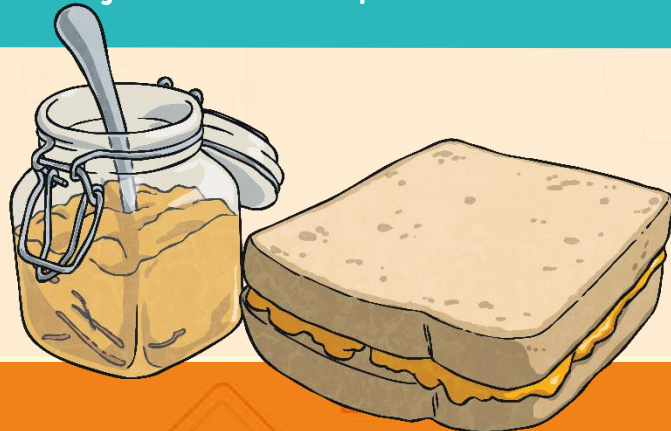


Hania is allergic to nuts. At a friend's party, she wanted to eat what everyone else was eating and decided to have one small peanut butter sandwich.



This made her very poorly and she had to go into hospital, meaning she missed the end of the party.

What do you think Hania learnt from this experience?



# The Big Questions



What risks, hazards and dangers do we face in everyday life?

What can we do if we think we're in a risky situation?

What have you learnt today that will help you in everyday life?



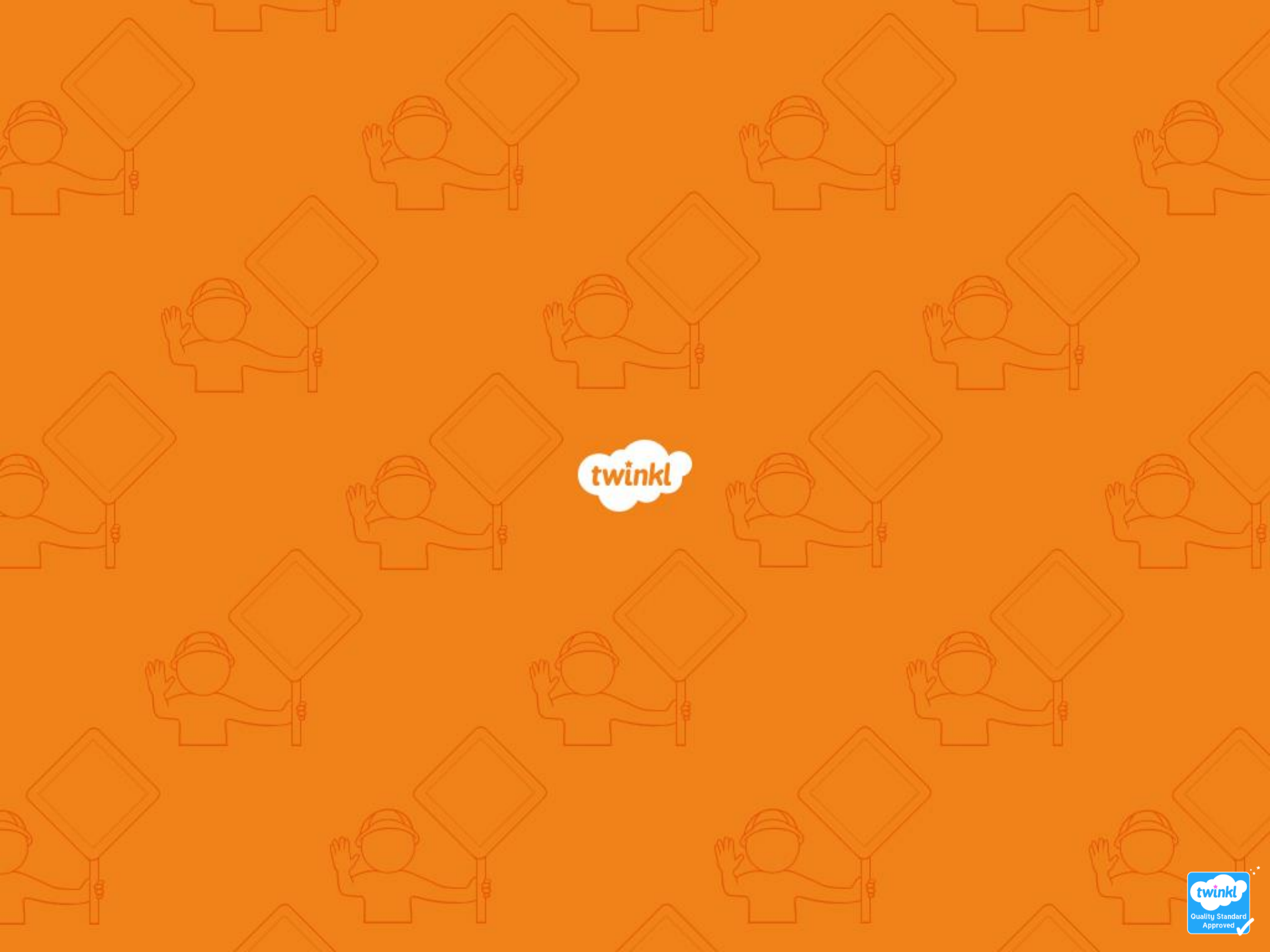
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