





### Steps to Success

Date	Tuesday 23 <sup>rd</sup> February 2021
Subject/s	PSHE
Learning Objective 	To understand the norms around smoking and common misperceptions

		SA 	TA 
Success Criteria 	I can define what is meant by a dare		
	I can explain why someone might give a dare		
	I can suggest ways of standing up to someone who gives a dare		
Support	Independent      Adult Support (    )      Group Work		
Lockdown learning: DC			
<b>Key vocabulary for the lesson:</b> cigarettes                      risk                      pressure			

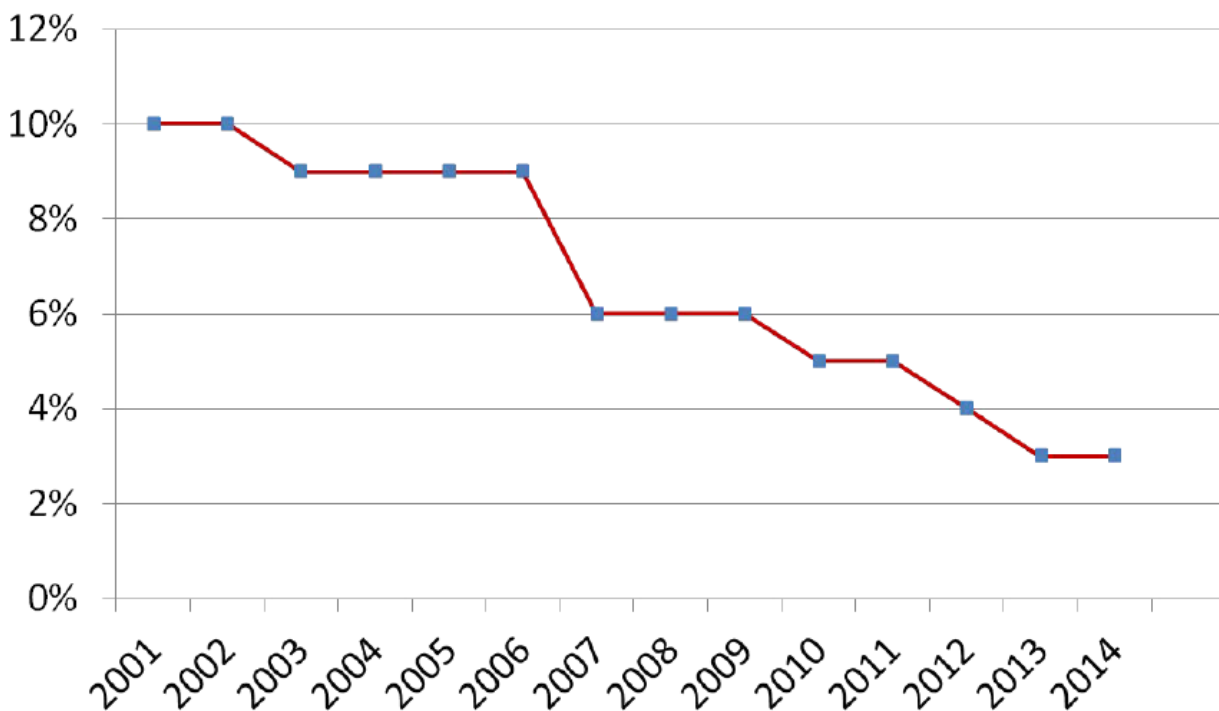
What are the effects of smoking?

How many children smoke?

Additional resource sheet

## Smoking: what is normal?

11-15 year-olds in England who smoke regularly  
(at least one cigarette a week) 2001 – 2014



Why might the rate be so high in 2001?

In 2007, the law changed and it became illegal to buy cigarettes if you are under 18. Before that, it was legal to smoke at 16.

Read this newspaper article:

## Shock of teenage smokers

A shocking new report out this week shows that there are still thousands of under-age smokers despite several health campaigns which have been put in place by the government. The annual survey of young people's health behaviour shows that despite a fall in the number of 11 to 15 year-olds who are regular smokers the government has still not achieved its target of completely stamping out smoking among young people.

An opposition spokesman said, "These statistics show that a small but very significant number of our young people are continuing to take up smoking every year. The present government has not met its targets in

this area. We need to spend more money on health, and education is needed in order to achieve the best results."

But Cheryl Smith, Minister for Health, responded saying, "We are confident that our policies are working and by building closer links with the police, health services, shops, parents and schools we will continue to make improvements to young people's health."

The annual behaviour survey of 11 to 15 year-olds has shown a steady decline in smoking rates over the past twelve years with 3% of young people smoking regularly in 2014 compared to 10% in 2001.

This newspaper article is very negative and doesn't highlight the decrease in numbers. Now it is your turn to write a newspaper article to celebrate there are much less children smoking and the numbers are continuing to decrease.

You might include:

The number of children who smoke regularly has reduced by over half.

The legislation that changed the legal age of smoking from 16 to 18 has shown a significant impact on the amount of children who regularly smoke.

The numbers have continued to decrease throughout the years.

Children are beginning to understand more about the effects smoking can have on your body and so they are choosing not to.

Children are making sensible choices and behaving in a safe and responsible manner.

[illegible]