

Tuesday 9th
February 2021

Safer Internet Day

Let's create
#AnInternetWeTrust

School Competition!

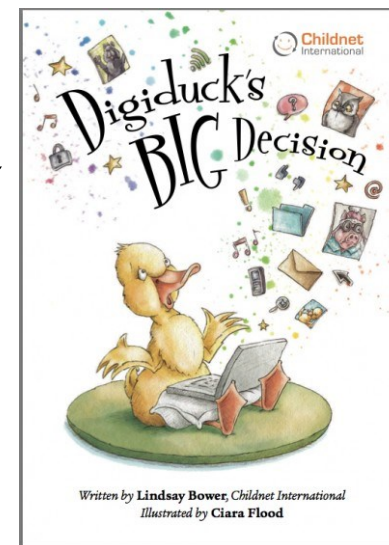


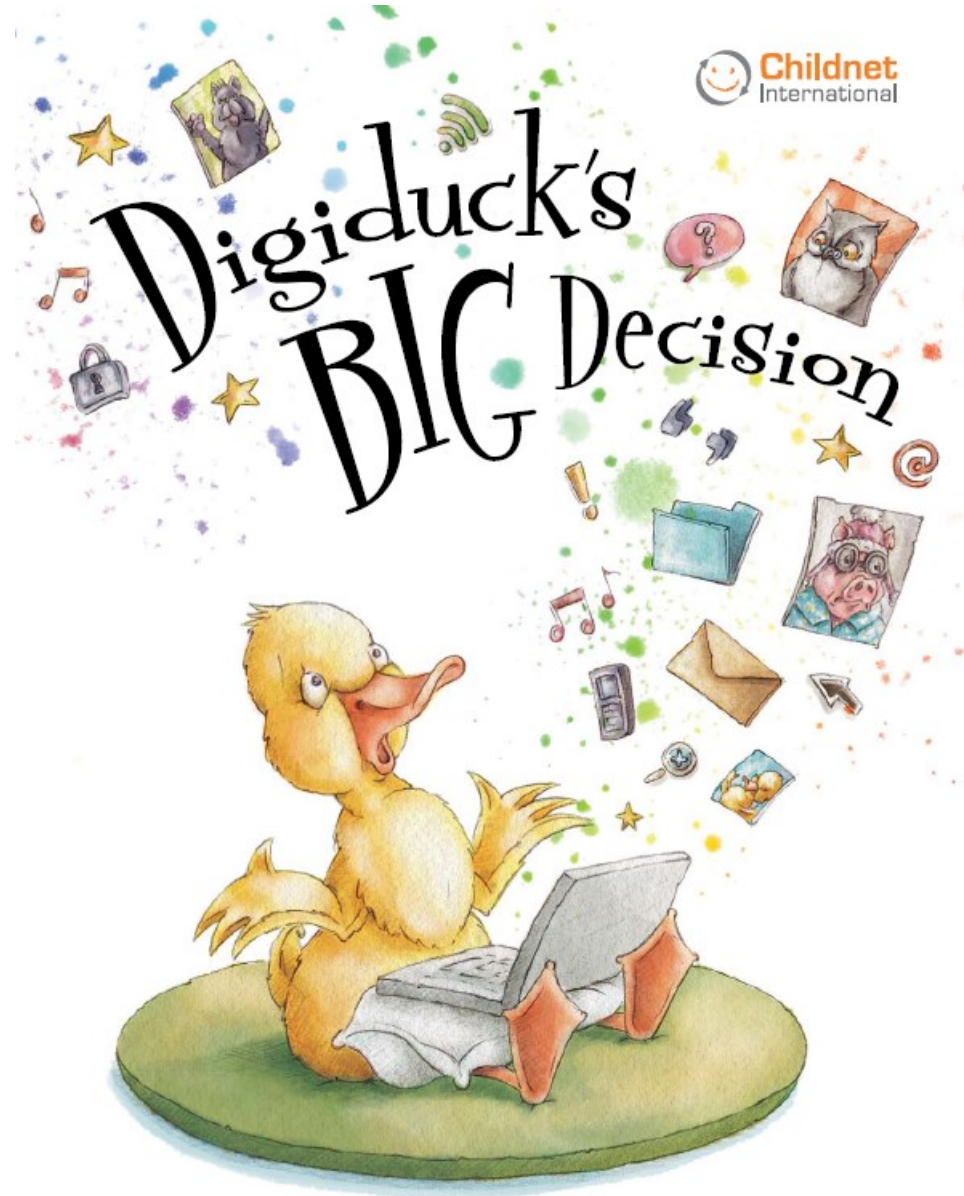
Your task for this Safer Internet Day is to write your own safer internet story! Read the story of 'Digi Duck.'

The aim of your story is to teach other children how to be safe online. Make sure your story has illustrations!

Mrs Martin and Miss Bailey will choose our favourite story from each year group. We will then get them printed as a book for the library and every classroom. Your story will also be put on our school website and twitter page.

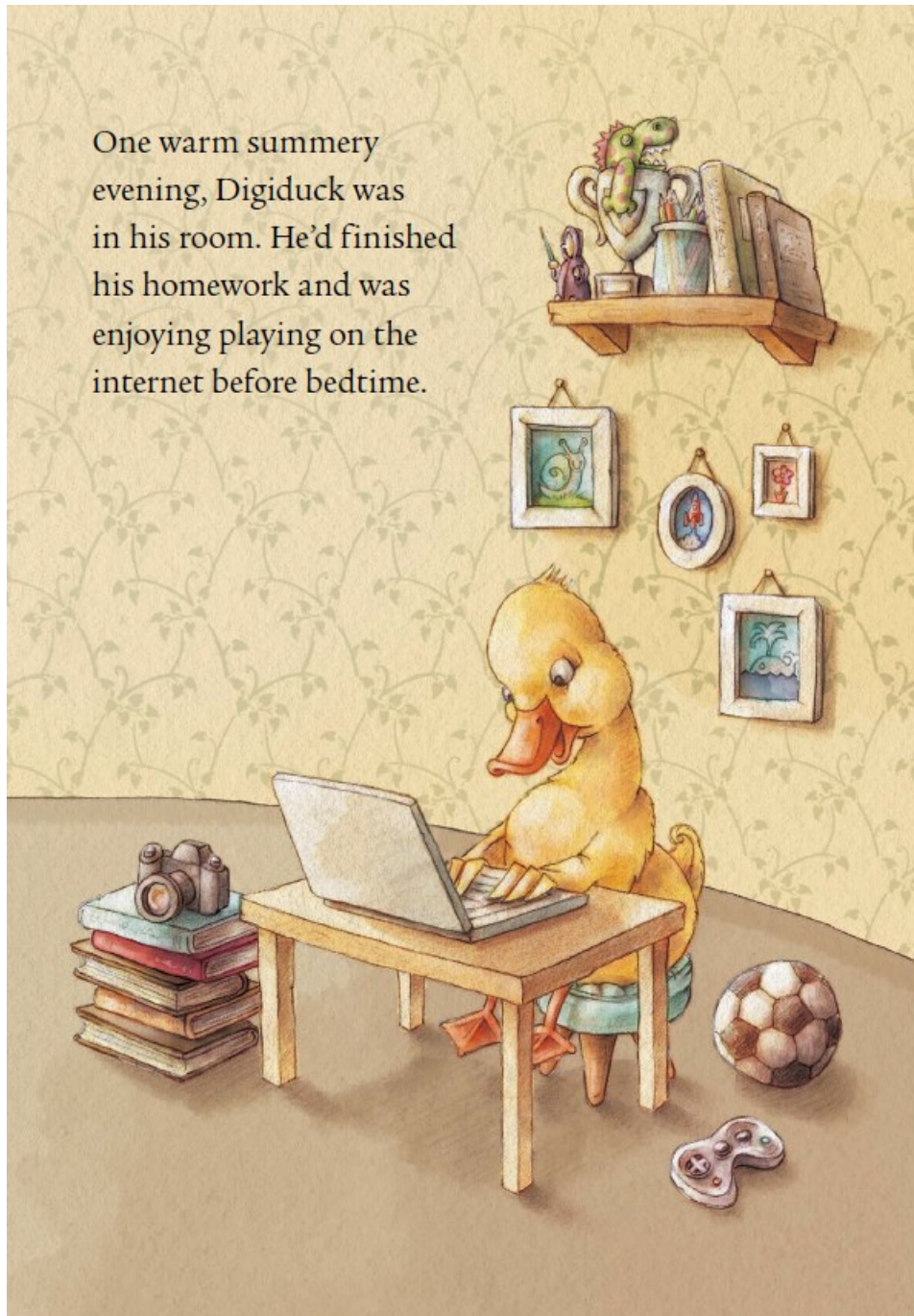
Please make sure your stories are sent to your class teacher by *Friday*





Written by **Lindsay Buck**, Childnet International
Illustrated by **Ciara Flood**

One warm summery evening, Digiduck was in his room. He'd finished his homework and was enjoying playing on the internet before bedtime.



Family Farmyard was his favourite website. He could play games and chat to his friends. Great fun! Many animals liked to play at the Farmyard, including Digiduck's best friends from school.

Digiduck's screen went ping and he saw a new message from a friend. "How exciting!" he thought. He opened it and giggled.



Someone had made a picture of Proud.pig looking very silly indeed. "That is so funny!" chuckled Digiduck. "I must show my friends."



Before he could send the photo to everyone, Mummy Duck called up the stairs, "Bedtime darling duck! Wash your feathers, hop into bed and I'll be up as quick as a flap to tuck you in."

Digiduck felt sleepy so didn't argue, he didn't want to be tired for Proud.pig's party tomorrow. "I'll send the photo in the morning," he decided. Soon enough he was sound asleep.

The sky grew dark and the stars were shining brightly. All that could be heard were the soothing snores of Mr and Mrs Duck.



All of a sudden, a mysterious glow filled the room...



A dazzling flash and a loud

soon had Digiduck sitting up in bed wide awake!

wheeee



He watched in amazement as a large ball of feathers
hurtled out of the screen and rolled across the floor.



Digiduck was looking at an old owl, grey from tip to tail. "Wise_Owl," said the owl, peering over his spectacles and holding out a wing to shake.



"Ooof! I always have trouble with the landing," muttered the tangle of feathers as it straightened itself up and dusted itself down.

"I know you!" exclaimed Digiduck.
"You're in charge of the Farmyard website."
Wise_Owl smiled and said, "I'm here for
a very important matter. You're thinking
of sending that photo, so I'm going to show
you what might happen if you do."

There was no time to ask what on earth
Wise_Owl was talking about!



He swiftly scooped Digiduck up and they flew
out into the night, off through time, to the future...

After a bumpy flight they landed outside Shy-Sheep's cottage. Digiduck peered inside and saw his best friends gathered together.



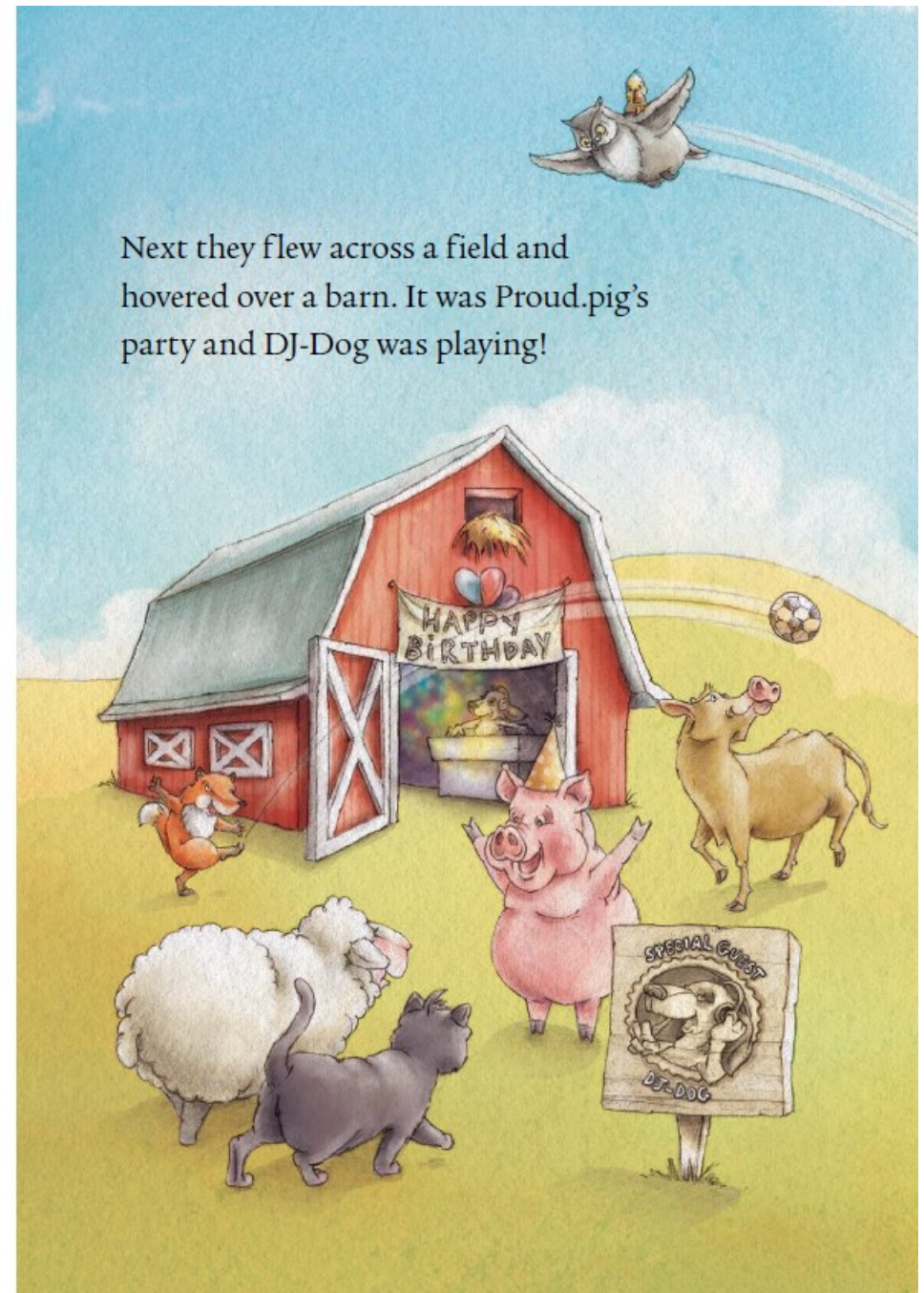
Cool.cow had brought a game that they all wanted to play.

“Why am I not there?” asked Digiduck, confused.
“We always play together.”
“Unfortunately you haven’t been invited,” replied Wise_Owl.

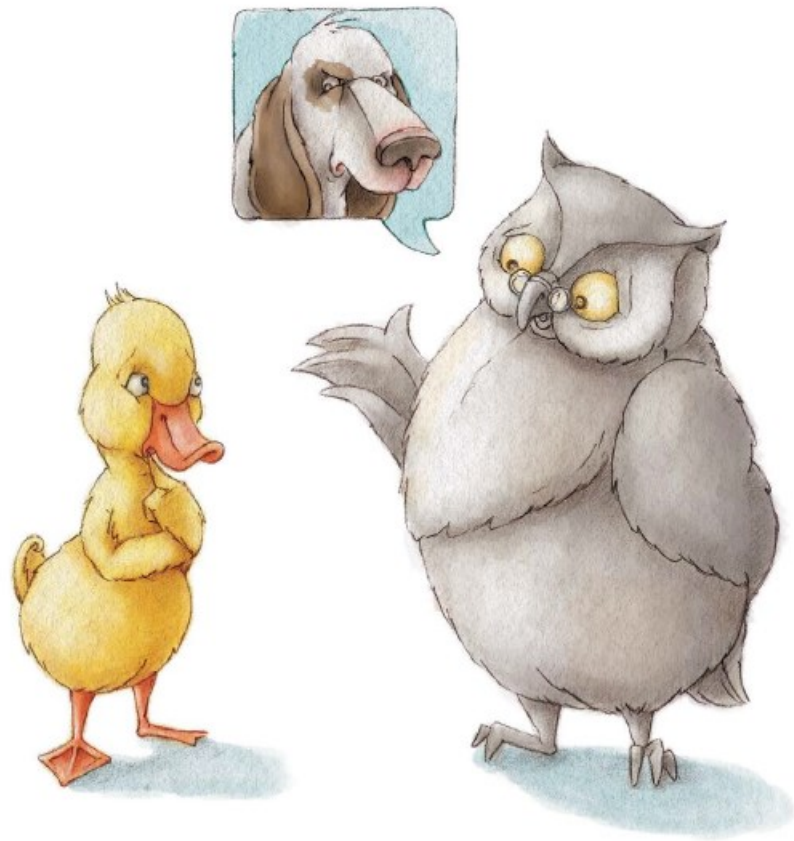
“After you sent the photo, Shy-Sheep found Proud.pig crying in the playground. She was very sad to see Proud.pig so upset, especially as the picture had come from you Digiduck. You’re supposed to be friends.”



“It was only a joke!” said Digiduck in surprise. Wise_Owl picked him up and off they zoomed.



"I'm not there either," noticed Digiduck.
"I'm afraid Proud.pig changed his mind,"
said Wise_Owl. "Everyone at school was calling
him names after they saw his photo and
DJ-Dog was very cross that you had sent it."

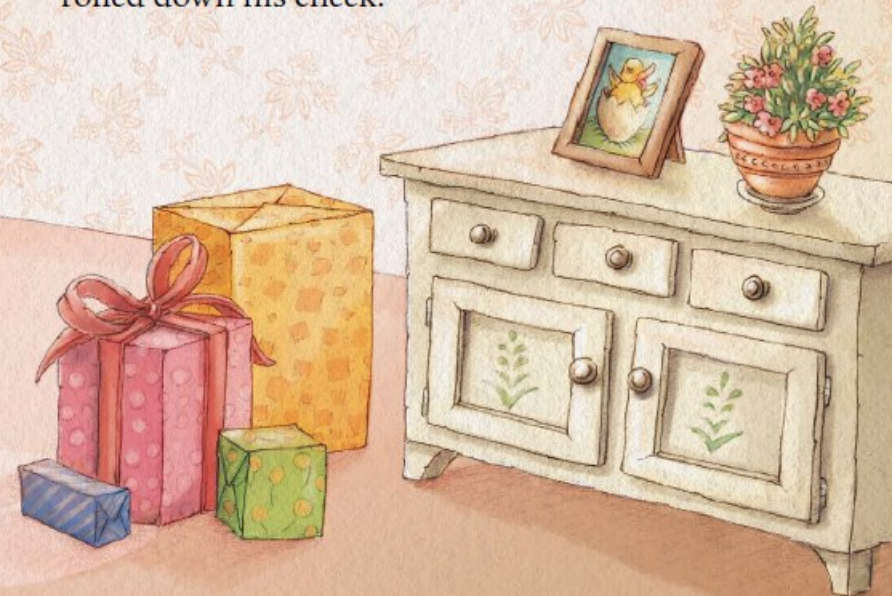
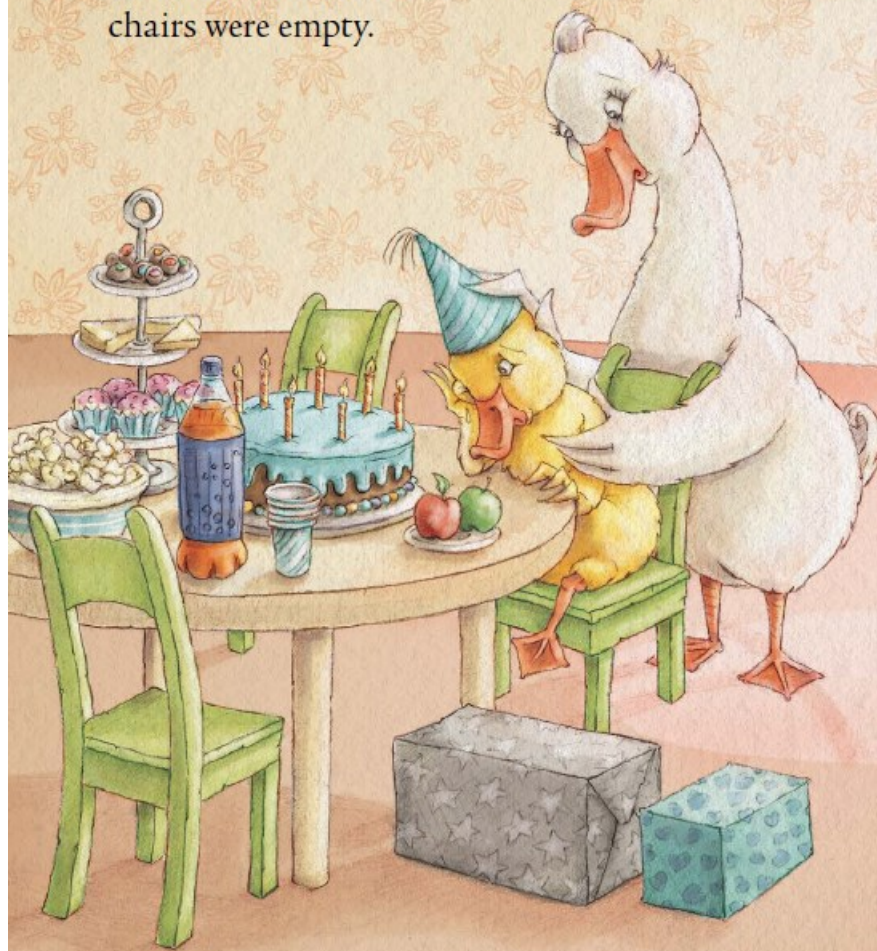


"Oh," mumbled Digiduck,
"I was looking forward to that party."
Wise_Owl nodded and off they sped.
The last stop looked very familiar.
"This is my house!" cried Digiduck.



Through the window, Digiduck saw himself sitting at the table. In front of him was a delicious cake with candles and colourful frosting. However, all the other chairs were empty.

“It’s my birthday, where are all my friends?” wept Digiduck, as tears rolled down his cheek.



Wise_Owl knew that Digiduck had seen enough. He wrapped his wings around him and off they whizzed.



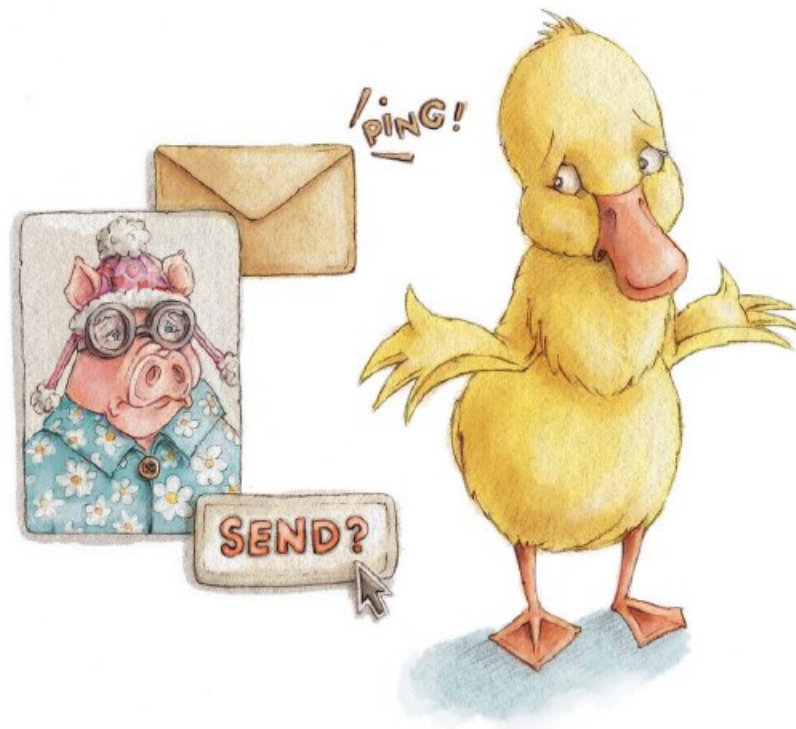
On the journey back
through time, poor Digiduck
was feeling sad and puzzled.
He really needed some help,
so Wise_Owl explained everything.

“It all started when you sent that photo
to your friends. Everyone in school had seen
it by lunchtime. Proud.pig was extremely upset.”

“And it didn’t stop there,” continued Wise_Owl.
“People laughed at Proud.pig for a long time
because his picture was on the internet.
Your friends were very worried that you
might make fun of them too.”



Digiduck suddenly understood that if he sent the photo, it could cause a terrible muddle.
“I didn’t think anyone would mind,
I just wanted to make my friends laugh.
Sometimes we say and do silly things...
but I never mean to be unkind,” he whispered.



Back in Digiduck’s room, Wise_Owl drew the covers and comforted him softly,
“I know that, but sadly your friends didn’t.”



“Digiduck,” he said gently, “you are a lovely duck and a great friend. The internet is a wonderful place to have fun, but you need to behave as you do in the real world. Say kind things to your friends and make sensible choices.”

And with that, Wise_Owl vanished.
The sun rose in the sky and Digiduck woke up.
“The photo!” he remembered.



He rushed across the room and the message was still there, just as it was last night. Digiduck was over the moon! He skipped and sang, "I can do the right thing!"



"But what should we do? Who should we tell?" asked Mummy Duck.
"We must tell the Family Farmyard website!" replied Digiduck happily.



Mummy Duck removed the picture and they sent it back to Wise_Owl. Digiduck smiled, Wise_Owl would be so pleased with him.

Proud.pig's party after school was terrific and Digiduck enjoyed it more than anybody knew. He brought his camera and took photos that he and his friends all agreed were magnificent.

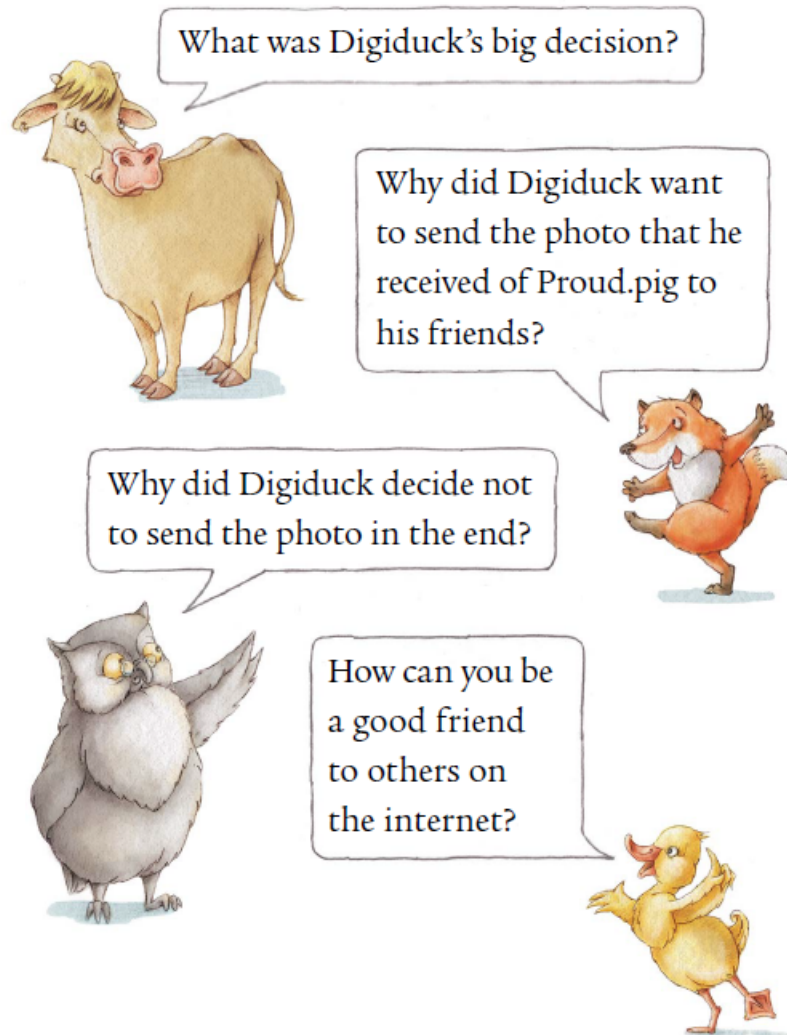


Digiduck knew he had been given a second chance and promised to do his best to look after others on the internet.



As he shared his photos with his friends, he cheerfully looked forward to everything that they would enjoy together in the future.

Talk about the story



For parents and carers



Keeping children safe online

Children love using technology and are learning to navigate websites, online games and consoles, and touch screen technology like iPads and smartphones from a young age. Children need support in these environments, to get the best out of using the internet right from the start.



Where do I start?

The best way to keep your family safe online, and to understand your children's internet use, is to use the internet together. Be positive and embrace the technologies that your children enjoy using, and look out for any safety features that may be available.



Should I set any rules?

Creating a family agreement is a useful way to establish your expectations regarding online activities. It might include time spent online, sites that can be visited, and behaviour expected; remember, what's right and wrong offline is also right and wrong online.



How can I supervise my child?

Placing your computer or laptop in a busy part of the house can make it easier for you to be involved in your child's technology use. Portable devices, for example smartphones, iPod Touch, games consoles and tablets can still be supervised and used where you can see them.

What is Safer Internet Day?



Safer internet day is a day celebrated across the globe in over 170 countries, with thousands of children joining in across the UK.

It's a day when we celebrate all the great things about being online and remind ourselves how we can stay safe.



An internet we **trust**

Exploring reliability in the online world

**Today we're thinking
about trust online.**



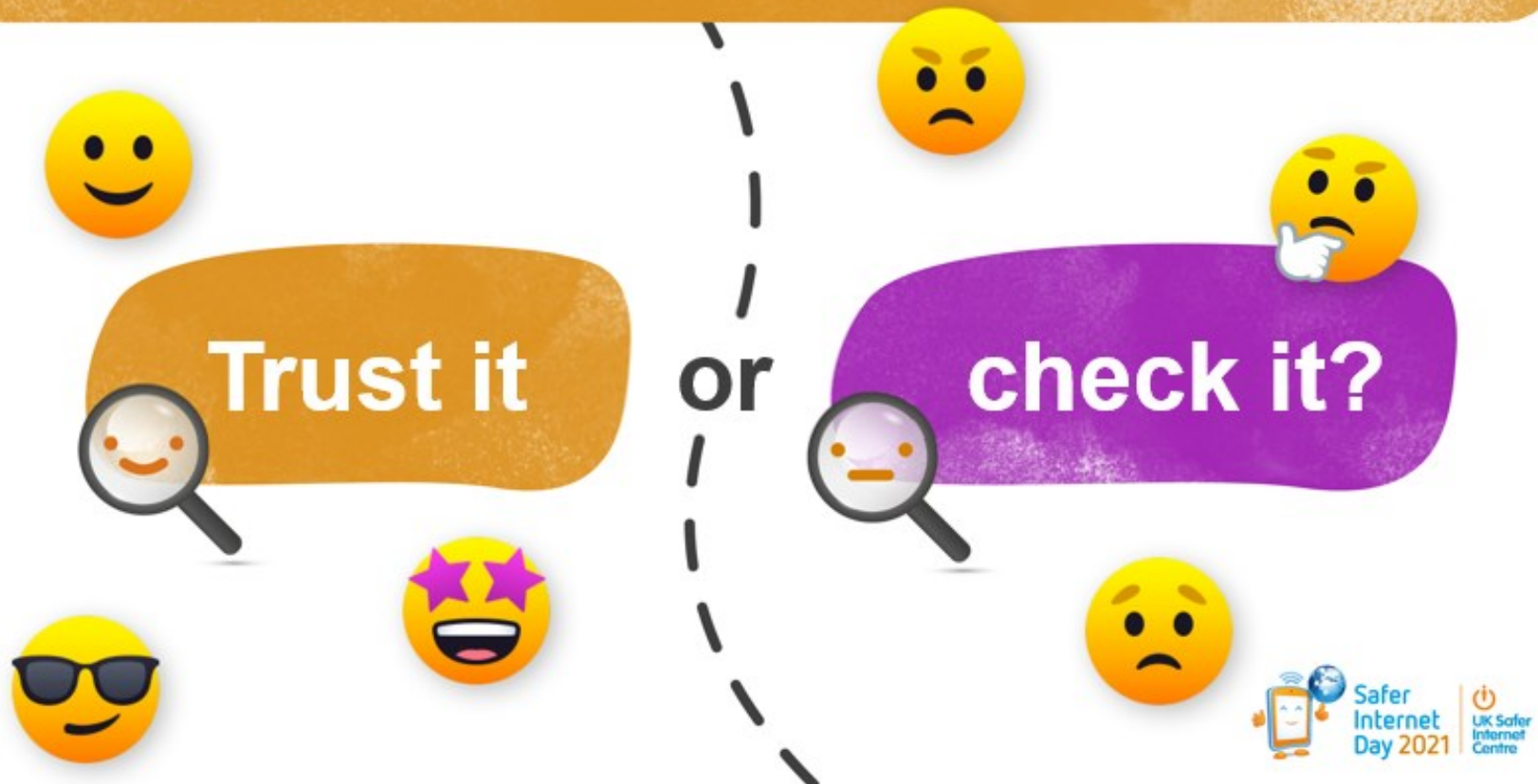
What is trust?



This year for Safer Internet Day we are looking at trust online. Let's have a think, what is trust?

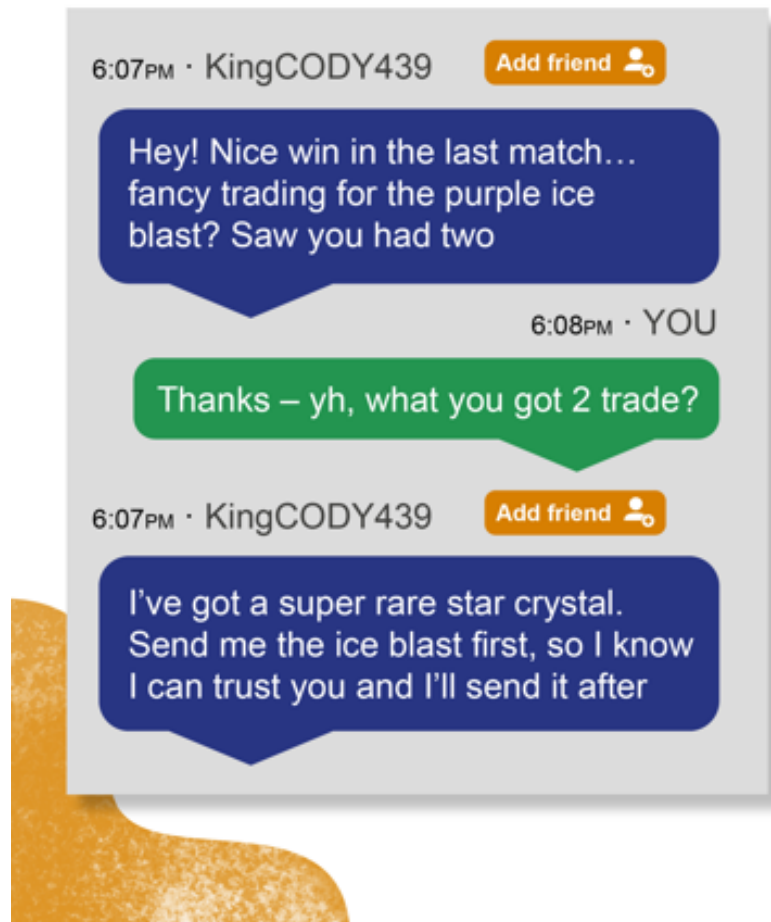
Trust is when we have a strong belief that someone or something is honest and tells the truth. For example, you might trust your teacher is telling the truth when they say that you have a school trip coming up, but you might not trust your little sister is telling the truth when she is covered in chocolate and says she didn't eat the last chocolate bar!

Let's play...



We are now going to play a game called 'Trust it or Check it?' You will see an example of something you might see online. I would like you to have a think about whether you would trust it, or not trust it and check with an adult. I will be asking for your thoughts on each example.

We will also be looking at how seeing each of these examples online might make us feel.



Trust it or check it? 👍👎

How would it make you feel?



Happy



Curious



Confused



Shocked



Angry

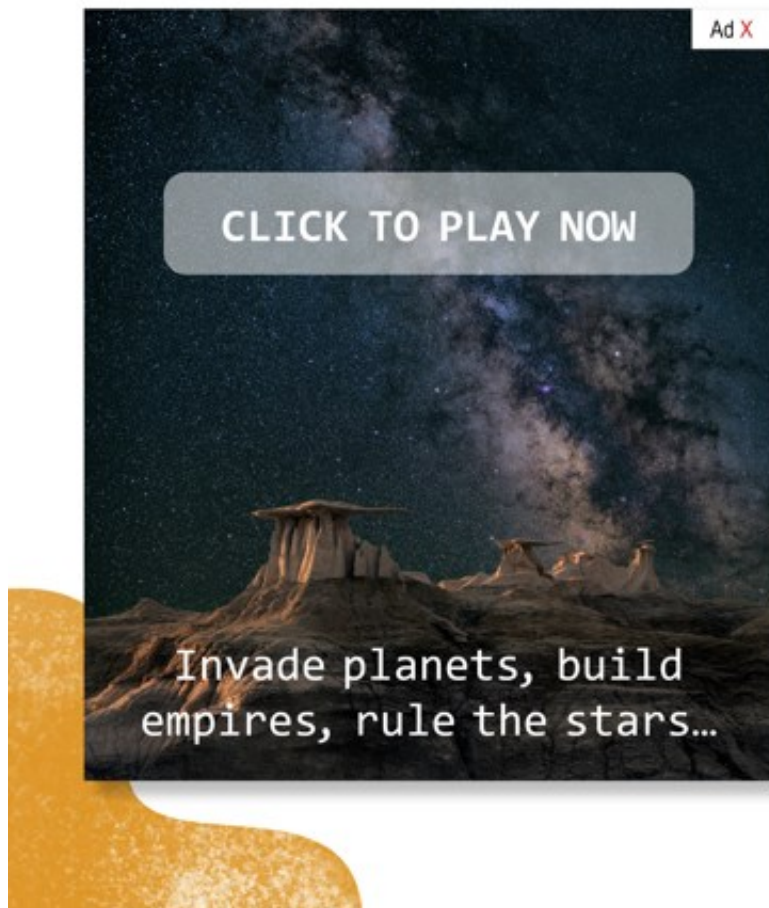


Worried



If you saw this trade in an online game would you trust it or check it?

This looks like someone is trying to make an unofficial trade. Agreeing on a trade should always be done using the official trading system in the game - this will make sure it is safe and trustworthy. Make sure that you feel the trade is fair before accepting.



Trust it or check it? 👍👎

How would it make you feel?



Happy



Curious



Confused



Shocked



Angry



Worried



If you saw this advert online would you trust it or check it?

It can be tricky to tell if an online advert is trustworthy or not. It's always best to check and if you weren't sure, you could look up the advert separately online and speak to an adult you trust about whether it's real or not.

How would seeing something like this make you feel?



Trust it or check it? 👍👎

How would it make you feel?



Happy



Curious



Confused



Shocked



Angry



Worried



If you saw this chain message online would you trust it or check it?

It can be worrying if you receive a chain message. It's important to remember that these are not true. However, if you are worried by what you have read or seen it's always good to talk to an adult you trust. It's best not to share these on as this might cause more people to worry.

How would seeing something like this make you feel?

Scientists reveal plan to build giant freezer to prevent global warming



01/04/2020
By J. Oker

Trust it or check it?



How would it make you feel?



Happy



Curious



Confused



Shocked



Angry



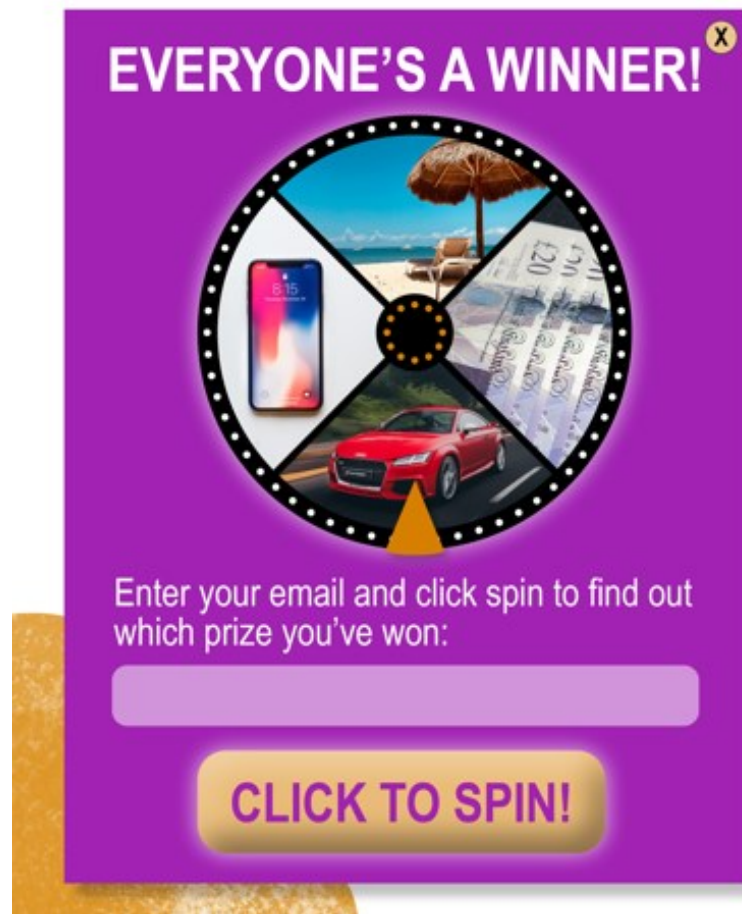
Worried



If you saw this news headline online would you trust it or check it?

This example looks like it could be a joke. People usually share jokes to make people laugh. They tend to be very exaggerated, or they can be sarcastic (saying one thing, but meaning the opposite) and might even be trying to make fun of something or someone. It's important to read past the headline and look at who it is written by.

How do you think seeing something like this would make you feel?



Trust it or check it? 👍👎

How would it make you feel?



Happy



Curious



Confused



Shocked



Angry



Worried



If you saw this competition online would you trust it or check it?

It can be really tempting to enter competitions online and sometimes they are genuine, and you can win some great prizes! It can be helpful to think to yourself that if something seems too good to be true online, it probably isn't true. This might be an example of 'phishing.' It's probably trying to collect personal information such as usernames and emails to gain access to people's accounts. Be careful about sharing personal information online and always check with an adult before entering any competitions.



AMAZING trick shots...
FIRST TIME!!
KyleShots3456
1 week ago 35k views

Trust it or check it? 👍👎

How would it make you feel?



Happy



Curious



Confused



Shocked



Angry



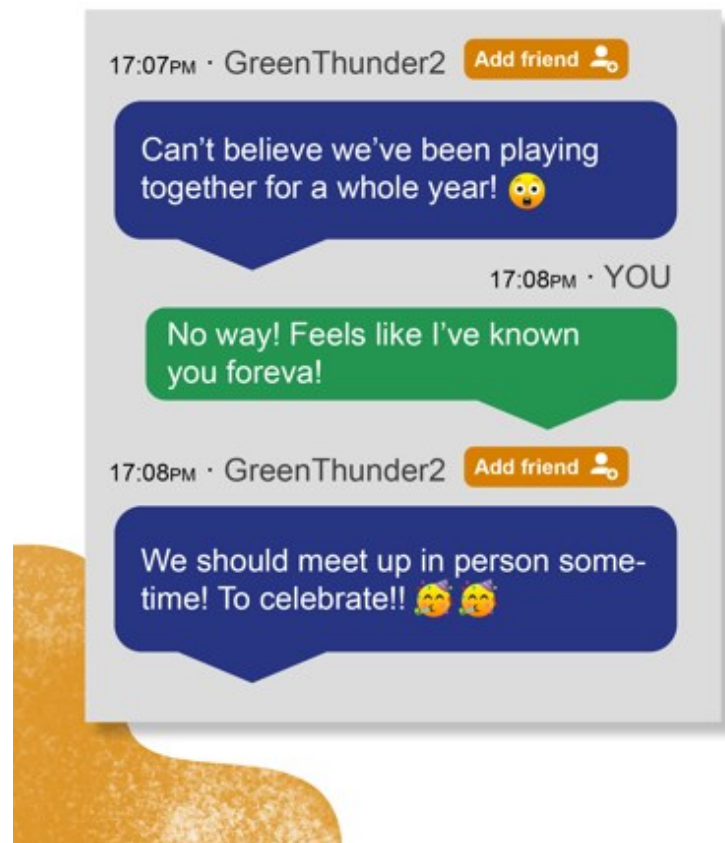
Worried



If you saw this video online would you trust it or check it?

Remember that just like photos, videos can be edited too. You also might not be given all the correct information. In this example, where it says 'first time trick shot', this probably isn't true and more than likely took a lot of time and effort.

How would seeing something like this make you feel?



Trust it or check it? 👍👎

How would it make you feel?



Happy



Curious



Confused



Shocked



Angry



Worried



If you received this message online would you trust it or check it?

Make sure you always keep your personal information safe online. If a stranger online asks to meet up, for any personal information or for pictures or videos it is really important not to share any of these and to tell an adult you trust straight away. They can help you and make sure the correct action is taken, like blocking the user so they can't contact you again and making a report.

How would seeing something like this make you feel?

Talk to an adult for help and support!



There are lots of things you can do to help, but most importantly, make sure you talk to an adult you trust for help. This could be an adult at school or at home.

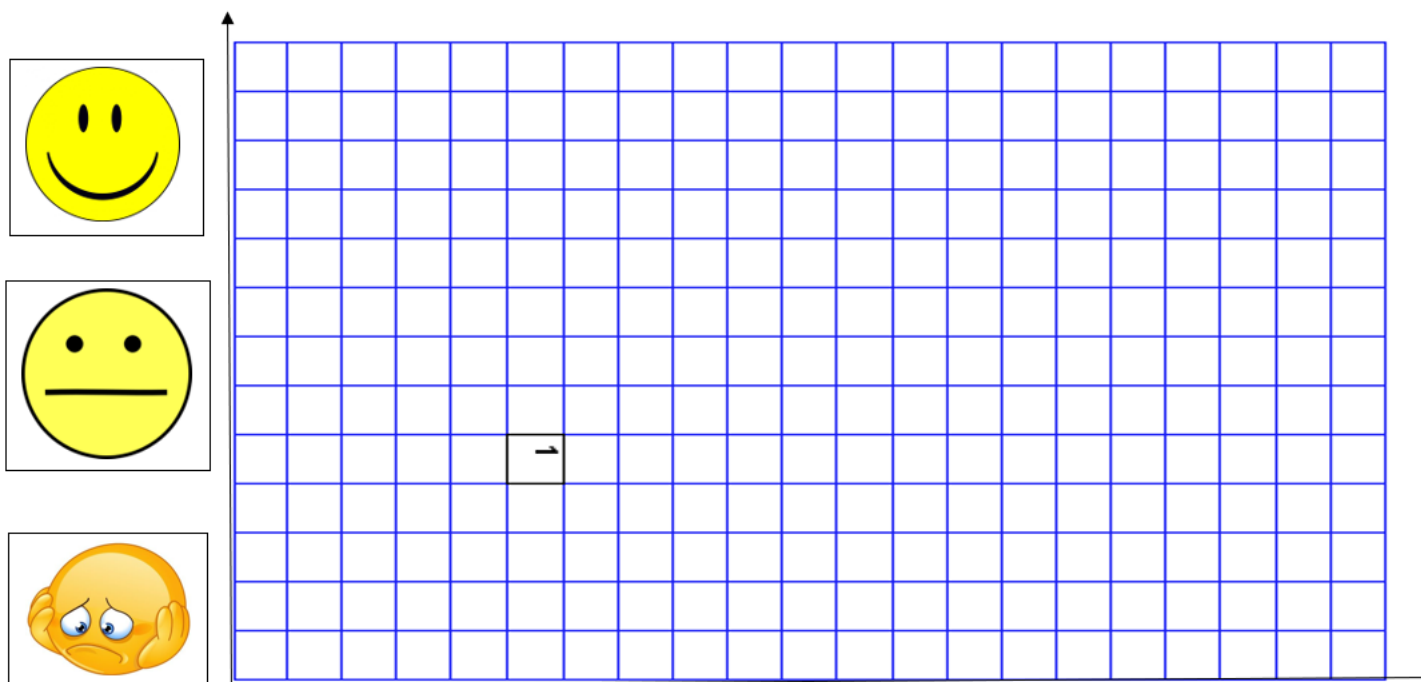
Remember, there is lots of information when you go online, some true, some not. Use the advice from this assembly to help you decide and to make sure you keep yourself and others safe when online.



Safer Internet Day PP and SS



Plot Digducks feelings throughout the story on the graph below.



ZIP IT

Keep your personal stuff private and think about what you say and do online.



BLOCK IT

Block people who send nasty messages and don't open unknown links and attachments.



FLAG IT

Flag up with someone you trust if anything upsets you or if someone asks to meet you offline.



Safer Internet Day

Retell the story of Digiduck on the story board.



ZIP IT
Keep your personal stuff private and keep it safe and secure.

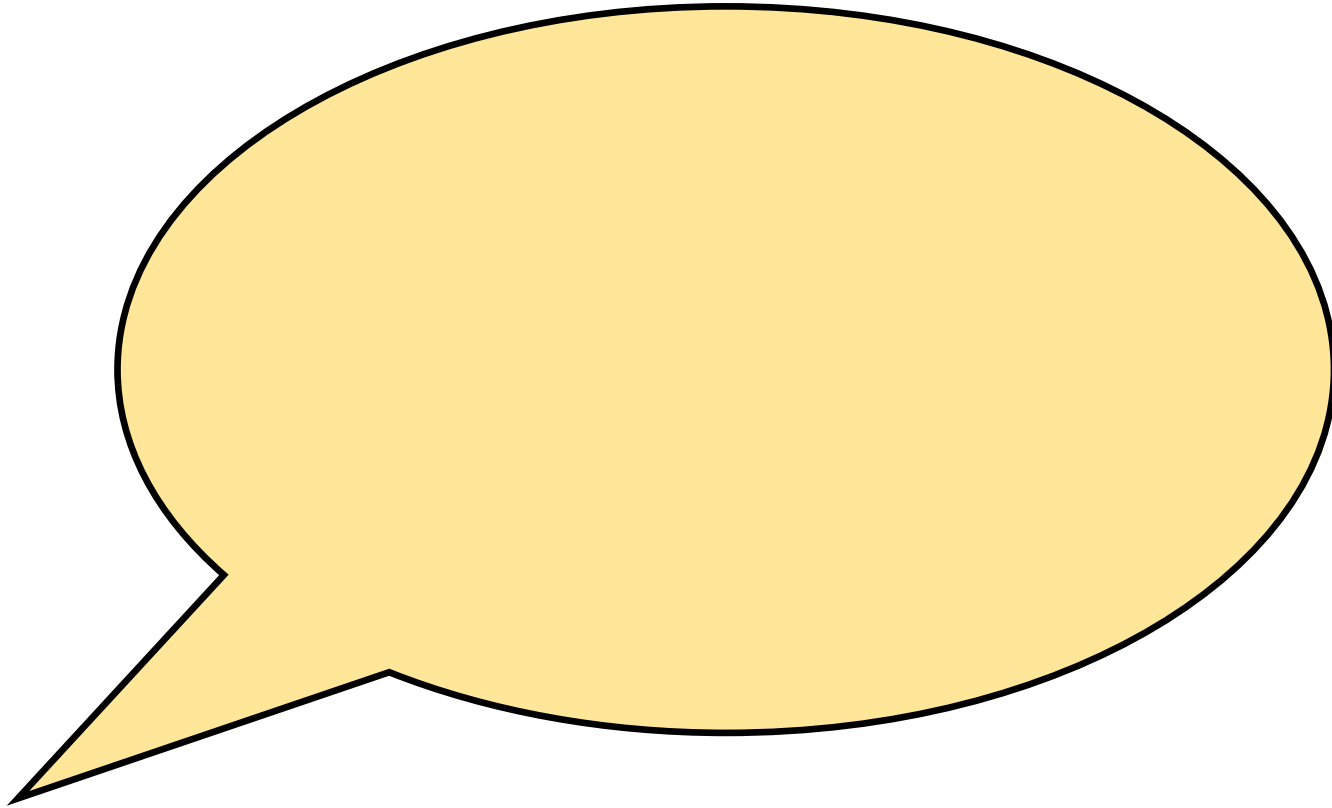


BLOCK IT
Block anyone who sends you unwanted messages and don't open attachments.



FLAG IT
Flag up with someone you trust anything you're not sure about or if someone tells you to meet you offline.

What would you tell Digiduck to do?



Promise Tree

- With someone at home, write a list of 'promises' that you're going to do whilst you're on the internet. Think about things you should do as well as things you shouldn't, for example: I will always tell my parents if I don't feel safe.
- For your promise tree, you could either draw a tree, or make one! There are some pictures below to give you an idea.
- Each leaf has a different promise on it.



For Parents

- The Safer Internet Day website has a range of resources that can be used at home to support your child when staying safe online. <https://www.saferinternetday.org/>
- Net aware has a guide to social media. It has explanations of each app, what it is to be used for, some of the dangers and how to make sure your profile is private, how to block and delete people etc. <https://www.net-aware.org.uk/>
- Childnet has advice and resources for parents to use with children at home. <https://www.childnet.com/>
- Think u know has advice and resources for parents to use with children at home. <https://www.thinkuknow.co.uk/parents/support-tools/home-activity-worksheets/>
- It can be hard to know how to talk to your child about online safety. From setting up parental controls to advice on online games and video apps, NSPCC can help you to understand the risks and keep your child safe. <https://www.nspcc.org.uk/keeping-children-safe/online-safety/>
- On the UK Safer Internet Centre website, you can find online safety tips, advice and resources to help children and young people stay safe online. <https://www.saferinternet.org.uk/>

48% of parents believe that their children know more about the internet than they do and 73% of children agree



Need to brush up on your online safety this school year?

We've got information, advice and support to help you get up to speed on all the big issues around children and technology. Showing you the best ways to keep them safe online, whatever they're doing.

Source: Place of Change Report Research focused on how parents and children differ in their use of the internet December 2015.

internet matters.org

Learn about it/talk about it/deal with it

Make sure you've read our school E-Safety policy!

Family agreement

A great way to start positive family conversations around safe and responsible internet use, and to agree clear expectations and boundaries.

Use the questions below to help guide your conversations, focusing on those most relevant for your family.

Turn over the page for a template where you can record your agreements and expectations in writing.

Things to consider

▶ Getting started

- What do we enjoy doing online?
- What apps, games and websites do we use the most?
- What devices, tech, toys or games do we have with internet access?
- Do we already have any rules about use of tech we want to include in our family agreement?

🕒 Managing time online

- How long do we spend on our devices?
- How does it feel when we use tech for too long?
- How do we know when our screen use is interfering with family life?
- What can we do to help avoid overusing tech?

✈ Sharing

- What is or isn't okay to share online?
- What should we check before posting images and videos online?
- How do we keep personal information belonging to ourselves and others safe?
- Do we need a family email address to use when signing up to new accounts?
- Do we know how to use privacy settings and strong passwords, and why these are important?
- How can we use features like livestreaming and disappearing content safely?

🔍 Online content

- What can we do if we see something online which seems unreliable or untrustworthy?
- When is it okay to download files, games or apps, or click on a link?
- Do we know what the age requirements, or ratings, on the games and apps we use mean?
- Do we need any restrictions on making in-game or in-app purchases?
- Which websites are okay for us to use?

💬 Communicating online

- Who can we talk/chat/play games with online? Do we only know them online, or offline too?
- How can we keep ourselves safe when communicating with people who we only know online?
- How can we be a good friend when we are online?

⚠ If things go wrong

- What can we do if we feel uncomfortable or upset by anything we see or hear online?
- What should we do if someone we only know online asks us for photos, to meet up, or to share personal information?
- Do we know where the report and block buttons are online?

✅ To finish...

- How could parental controls help our family?
- What will happen if one of us breaks the family agreement?
- When should we review our family agreement?

Once you've talked about your family's use of technology and the internet, think about what simple steps you can take going forward. We've given some examples for different ages below...

We agree to... (Under 11s)

I will use my tablet for ____ mins a day.

I will make sure the children's favourite games are bookmarked for them to get to easily.

Who is responsible for this?

Hannah and Izzy

Nan

We agree to... (Pre-teens)

I will tell mum and dad when I see something that worries me.

I will put parental controls in place but review it as the children grow up.

Who is responsible for this?

Tom, Ella and Yasmin

Mum

We agree to... (Teenagers)

I will make sure all my social networking sites are private.

I won't post photos of our children without their permission.

Who is responsible for this?

Amar and Yusuf

Dad

Family agreement

Use this template to put your agreement down in writing. Why not display it somewhere at home like on the fridge or a noticeboard?

Who is this agreement for?

We agree to...

E.g. Be kind and respectful online.

Who is responsible for this?

E.g. We will all make sure we only post kind comments.

What happens if someone doesn't follow the agreement?

How long will our agreement last for and when will we review it?

Signatures

Top tips

- 1 Make sure that both adults and young people are open to changing their online behaviour as a result of your agreement.
- 2 Consider your tone. Are you focusing on negative behaviour or promoting positive behaviour?
- 3 Make sure your agreement works for your whole family and everyone is happy with it.
- 4 Review your agreement in the future to make sure it reflects the current needs and ages of your family.



Childnet
International

For further advice and resources, visit www.childnet.com/have-a-conversation

[@childnetinternational](#) [@childnet](#)

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UK Safer
Internet
Centre



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