





**Steps to Success**

Date	Monday 22 <sup>nd</sup> February 2021
Subject/s	PSHE
Learning Objective 	To understand some of the complexities of categorising drugs

			
Success Criteria 	I know that all medicines are drugs but not all drugs are medicines		
	I understand ways in which medicines can be helpful or harmful and used safely or unsafely.		
	I know that all medicines are drugs but not all drugs are medicines		
Support	Independent	Adult Support ( )	Group Work
Lockdown learning: DC			
<b>Key vocabulary for the lesson:</b>			
drug	substance	medicine	alcohol cigarettes

**Drugs**

Doctors

Dangerous/Illegal drugs - alcohol cigarettes

Medication to help us feel better

A substance people take to change the way you think, feel or behave.

How are drugs helpful or harmful?

Helpful? — Poorly.

Headache — visit  
pharmacy

Damage

Harmful?

Sick.

If it is not prescribed  
for you, allergic to it  
Too strong — make  
you more poorly.

## True or False?

1. All drugs are medicines.  True or  false?
2. Medicines are drugs.  True or  false?
3. Medicines can only be obtained with a doctor's prescription.  True or  false?
4. Some medicines can legally be bought without a doctor's prescription.  True or  false?
5. Alcohol is a legal drug in this country.  True or  false?
6. Anyone can be sold an alcoholic drink in this country.  True or  false?
7. Shops can be fined if they sell alcohol to a person under the age of eighteen.  True or  false?
8. Alcohol is sometimes used in other products like antiseptic wipes, antiseptic hand-gel and mouthwash.  True or  false?
9. Alcohol is sometimes used in medicines.  True or  false?
10. People are allowed to smoke in public places like shops, offices and trains.  True or  false?

## How well did you do?

Was there anything you didn't understand?  
(Don't worry if there was as it's quite complicated!)  
Discuss why we have these laws in this country.



## Optional Homework

When you have checked your answers with your teacher you could design a poster which clearly explains one of the points you have learnt about drugs?

How can you get your point across without causing any confusion? Check with your teacher that your poster is factually correct!


Persuade someone not to smoke in public

- Second hand smoke is dangerous.
- Illegal - trouble (fined)
- Bad for your lungs

Inform:

- Don't take medication that isn't yours.
- You can't buy cigarettes or alcohol until you are 18.

To prevent problems with medicine:



Keep medicine locked. Pay attention to how much medicine is in each bottle. Talk about medicine safety.

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'I know I should never take any medicine that isn't meant for me'

'I know medicine can be dangerous if you take the wrong amount. It tells you on the label how much to take'

**Always use medicines safely!**

'I only take medicines when a grown up I trust gives them to me'

'I know medicines are NOT sweets and that they can be harmful'

'I know it is important to store medicines out of reach of younger children'

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