

Physical Education Firsy Foundation

Intent

At Firs Primary school, we are committed to providing all children with a range of learning opportunities to engage in Physical Education. We promote and encourage active and healthy lifestyles through high quality teaching of physical skills, physical development and knowledge of the body in action. Physical Education builds confidence, perseverance, team spirit, positive competitiveness and organisation. We deliver a programme of PE that builds fitness, improves strength and teaches children the rules of games in line with national curriculum expectations.

Physical education at Firs provides opportunities for children to gain a sense of achievement and develop positive attitudes towards themselves and others through self and peer assessment.

PE lessons focus on the progression of vocabulary and skills and develops acceptance, tolerance and equality through inclusive activities.

Through PE lessons, children develop core skills across a range of activities to become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They are able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Implementation

PE has been carefully mapped throughout the school, with a clear focus on the progression of skills across year groups. All classes have PE timetabled each week as part of their educational entitlement, where they can make use of the play-ground/hall to deliver high quality activities and structured PE lessons, building a balance between indoor and outdoor PE.

Through high quality planning provided through Derby SSP, staff deliver engaging PE lessons. The Sports Coach regularly provides additional opportunities for extending the PE curriculum through lunchtime and afterschool sports clubs. In year 3, children participate in swimming lessons, which are delivered by qualified swimming instructors.

To encourage inclusion, class teachers ensure that spare PE kit is available for any circumstances where a child does not have their own in school. Lessons provide good quality experiences that are suitably challenging for all pupils. Children undertake different activities, but all will be given the same opportunity to achieve the aims through an appropriate range of activities. For children with limited gross motor skills, the integrity of activities will be maintained and expectations will take into account the individual needs of pupils. For the purposes of competitions, all children will be given the opportunity to participate in the experience. For any gifted and talented children, or those with a particular interest in PE, the opportunity to become a mini leader during playtimes and lunchtimes to deliver physical activities to their peers is available.

Impact

From each PE lesson an ongoing assessment will be undertaken. Children will be formally assessed at the end of a unit or half term against the key skills/golden nuggets. Assessments will be recorded and saved on the one drive. Misconceptions will be addressed at the start of the next lesson.

The quality and provision of PE are consistent across the school, with termly monitoring from the PE co-ordinator and supported by a member of SLT.

Monitoring is done through constant adaptation to the action plan, lesson observations and assessment scrutiny.

The monitoring provides indication for further development in PE, with the opportunity to use INSET days to plug any whole school gaps.